

Open Wednesday,  
Thursday & Fridays

# Kentlyn Public School Canteen Menu 2018



## Cool & Delicious

**Sandwiches** (choice of wholemeal, light rye, white or multigrain bread) all made with margarine unless stated otherwise.

- Cheese, vegemite or strawberry jam \$1.50
- Egg & lettuce \$2.00
- Ham & cheese \$2.00

**Wraps** (made with egg mayonnaise)

- Salad & cheese (lettuce, tomato, cucumber, carrot, beetroot & tasty cheese) \$3.00
- Add chicken, tuna or ham \$1.00

**Salad bowl**

- lettuce, tomato, cucumber, carrot, beetroot, cheese, choice of dressing (French, mayo, sweet chilli) \$2.50
- Add chicken, tuna or ham \$1.00

**Summer special**

Fruit salad (cut seasonal fruit eg. melon, pineapple, grapes, berries) \$2.50



## Tummy Warmers

**Toasted Sandwiches** (choice of wholemeal, light rye, white or multigrain) all made with margarine unless stated otherwise.

- Cheese & tomato \$2.50
- Ham, chicken or tuna with cheese \$3.50

**Hot Meals**

- Beef Lasagne \$4.00
- Margarita (cheese) pizza slice \$3.00
- Noodle cup (chicken & vegetable) \$2.50
- 6 pack chicken goujons (or 60c ea) \$3.50
- Garlic bread \$1.50
- Hot dog with sauce/mustard \$2.50
- Café wrap (4 x chicken goujons, light cream cheese & salsa, toasted) \$5.00

- Winter specials soup/pasta/curry – T.B.A.

- Sauce sachets .30  
(tomato, BBQ, sweet chilli or mayo)

Please send in orders with a paper bag for each child or add 10c to cover costs 😊

## Munchies

- Fresh seasonal fruit (eg. apple, banana, mandarin, orange) \$1.00
- Yoghurt plain or raspberry \$1.50
- Carrot sticks with hummus \$1.00
- Popcorn .60
- Crisps (Honey Soy Chicken) \$1.50
- Frozen yoghurt \$2.00  
(strawberry/vanilla or choc/vanilla)
- Iced Mony (TNT Red or Ka Bluey) .70
- Frozen Jelly Sticks (fruit flavour) .20
- Freshly baked specials – T.B.A

## Thirst Quenchers

- Water 600ml / 250ml \$1.00 / .60
- Just Juice popper 200ml \$1.50  
(apple, orange, apple/blackcurrant)
- Moove Milk 250ml \$2.00  
(chocolate or strawberry)
- Chill Iced Tea 250ml \$2.00  
(peach, raspberry, blackcurrant)
- Juice Bomb \$2.50  
(apple/blackcurrant, apple/raspberry, vanilla/lime)
- Slushie cup (99% fruit) 220ml \$1.00
- Hot Chocolate \$1.50