



Kentlyn Public School

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Tuesday 23 July 2019

Dear Parents/Carers,

Child Protection Lessons/Workshops K-6

YWCA NSW is running a new & free State-Wide Department of Education supported Child Protection Program called Y-PEP (Protection Education Program). This program has been developed by teachers, child protection experts, and representatives from Public, Private, and Catholic schools. **The Y-PEP program will be used to complement the existing Child Protection Curriculum that will be implemented in our school this term.** Child Protection lessons are part of the curriculum and are expected to be taught in every school, every year. These lessons will help children to identify dangerous or uncomfortable situations and to seek help from trustworthy adults. Some lessons may involve the naming of parts of the body.

Comprehensive child protection education incorporates a broad range of subject matter in Personal Development, Health and Physical Education K-6, such as:

- personal identity
- families and friends
- assertive communication
- safety practices
- growth and development
- qualities in relationships
- making decisions.

In addition to this, we will also be implementing the Y-PEP program which is aligned to our Personal Development, Health and PE syllabus. The program will be delivered in four different workshops by the Y-PEP facilitators, as an extension to the child protection lessons that the teachers will be implementing this term.

The Y-PEP lessons are interactive and are designed to engage students' interest and promote classroom discussions. The workshops will be delivered by both the classroom teacher and experienced facilitators. Please note that the lessons delivered are stage appropriate with language and content appropriate for each grade.

What are the outcomes? As a result of the Y-PEP program, our students will:

- Have an increased awareness of safe and respectful relationships
- Have an increased knowledge and understanding of rights and responsibilities in relationships
- Increase their skills in recognising, assessing risk and responding to unsafe situations

Topics that will be covered during the Y-PEP program:

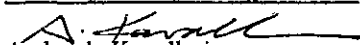
Sense of Self: Similarities and differences, Introduction to the UN Rights of a Child

Power in Relationships: Rights and responsibilities, trusted adults, power in relationships

Recognising Abuse: Warning signs, body parts, types of abuse- physical, sexual and emotional, safe and unsafe touching and secrets

Protective Strategies: Responding to risk, NO GO TELL, communication

Please complete the permission slip below if you do not wish for your child to participate and return it to the office by Friday 2 August 2019.


Androula Kavallaris
Principal

Child Protection Lessons/Workshops K-6

I do not give permission for my child _____ in class _____ to participate in Child Protection lessons and the four workshops contacted by Y-PEP facilitators.

Signed _____

Date: _____

Parent/Carer

Child Protection Education Program Primary School

The Y-PEP program has been designed by a team of professionals from YWCA Australia in collaboration with the program steering committee, consisting of members from the Department of Education, NESAs, Association of Independent Schools and Catholic Schools NSW.

The program is aligned to the NESAs PDHPE Syllabus and the aim is to strengthen the existing child protection education curriculum outcomes delivered by school teachers and build teacher capacity and resources.

The workshops are highly interactive to allow students to use multiple areas of learning. Our experienced and professional facilitators deliver the workshops suitable for varying levels of skills and to create age appropriate and engaging content for them to feel safe.

What are the outcomes?

- As a result of this program, children and young people will have:
- An increased awareness of safe and respectful relationships
- An increased knowledge and understanding of rights and responsibilities in relationships
- Increased their skills in recognising, assessing risk and responding to unsafe situations

Topics covered:

Sense of Self: Similarities and differences, Introduction to the UN Rights of a Child

Power in Relationships: Rights and responsibilities, trusted adults, power in relationships

Recognising Abuse: Warning signs, body parts, types of abuse- physical, sexual and emotional, safe and unsafe touching and secrets

Protective Strategies: Responding to risk, NO GO TELL, communication

The primary school program will be delivered over 4 weeks with a 1 hour session presented each week. Teachers will deliver workshops 1 and 4. Y-PEP facilitators will deliver workshops 2 and 3. The follow up workshop is an optional extra which can be delivered by either your teachers or the Y-PEP facilitators.

The Y-PEP Program is funded by NSW Government and FREE for all schools in 2019.

