



# Kentlyn Public School

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Dear parents and caregivers,

## **CHILD PROTECTION INFORMATION FOR PARENTS**

Throughout the year all students at Kentlyn Public School have been involved in the mandatory subject Personal Development, Health and Physical Education (PDHPE). This subject prepares and supports students to lead, and contribute to, healthy, safe and meaningful lives which promote respect, responsibility, enjoyment, inclusion and social justice for self and others.

This term our school's PDHPE program covers a wide range of education matter, including relationships, drug use, human sexuality and child protection. Some of the content of the program deals with sensitive issues. Please be assured that these topics will be taught in an age-appropriate manner. If you have any questions or concerns, please contact your child's teacher.

The school program will be implemented in a manner that supports the role of parents and caregivers and reflects the ethos of the school community.

For more information on PDHPE go to <https://syllabus.nesa.nsw.edu.au/pdhpe/>. The school program aims to encourage students to make informed decisions about their lifestyle taking into account the values of the family, culture and religion to which they belong.

Some of the specific content which will be covered in PDHPE includes:

| <b>Early Stage 1- Kindergarten</b>  | <b>Stage 1- Years 1 &amp; 2</b>  |
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| <ul style="list-style-type: none"><li>• Relationships</li><li>• Identifies how individuals care for each other</li><li>• Feelings, needs and wants</li><li>• Body appearance, external body parts and senses</li><li>• Changes in body and abilities since birth</li><li>• Administration of medicine, safe use and storage</li><li>• Personal rights and responsibilities</li><li>• Making and keeping friends, working and playing with others</li><li>• Recognising and responding to safe and unsafe situations</li><li>• Developing positive relationships and support networks</li><li>• Developing assertiveness (No Go Tell)</li><li>• Appropriate and inappropriate touching</li></ul> | <ul style="list-style-type: none"><li>• Relationships</li><li>• Identifies how individuals care for each other</li><li>• Feelings, needs and wants</li><li>• Body appearance, internal and external body parts, (private and non-private)</li><li>• Body systems (skeletal) and senses</li><li>• Changes in body, abilities and feelings about change</li><li>• Medication purpose, safe use and storage</li><li>• Personal rights and responsibilities</li><li>• Recognising and responding to safe and unsafe situations</li><li>• Developing positive relationships and support networks</li><li>• Developing assertiveness (No Go Tell)</li><li>• Appropriate and inappropriate touching</li></ul> |

## Stage 2- Years 3 & 4

- Male/female characteristics and puberty-related changes
- Body systems (functions), growth, development and heredity
- Gender images and expectations or male and female characteristics
- Changes in body and feelings about change
- Medication purpose, safe use and storage
- Personal rights and responsibilities
- Personal, school, family and cultural values
- Recognising and responding to safe and unsafe situations
- Developing positive relationships and support networks
- Developing assertiveness (No Go Tell)

## Stage 3- Years 5 & 6

- Male/female characteristics and puberty-related changes
- Body systems (functions and interrelationships) and appropriate and inappropriate touching
- Gender images and expectations and male and female characteristics
- Puberty, reproduction and responsibility in sexual relationships
- Identifying physical, social and emotional change and methods for coping
- Definition, effects and labelling of drugs such as caffeine, alcohol and tobacco
- Personal rights and responsibilities
- Importance of values, developing a code of behaviour and challenging discrimination
- Influences on self-esteem and developing and maintaining a positive self-concept

Child protection and human sexuality will be delivered in Weeks 4 and 5 this term. Please be assured that these topics will be covered in an age-appropriate manner. If you would like more information, or have any concerns, please contact your child's class teacher.

Yours sincerely,



Sarah Harris

Deputy Principal



Androula Kavallaris

Principal